



SMART SNACKING

February 2025

Central VPA High School (9-12)

Lunch

MONDAY

3

- Create
 - **BBQ Chicken TOTchos**
 - Macaroni and Cheese
 - Hawaiian Roll
- 2Mato
 - **Classic Cheese Pizza**
 - **Classic Pepperoni Pizza**
 - Fresh Caesar Salad
- Sono
 - **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
 - **Classic Cheeseburger in Bun**
 - **Jumbo Crispy Chicken Tenders**
 - **Hawaiian Roll**
 - French Fries
- On the Go
 - **Strawberry Parfait with Granola**
 - **Turkey Chef Salad**
 - **Whole Grain Seasoned Croutons**
- Fruit & Vegetable Bar
 - Fresh Orange Wedges
 - Roasted Cinnamon Pineapple
 - Lettuce & Tomato Side Salad
 - Baby Carrots & Celery Sticks
 - Fresh Broccoli Florets

TUESDAY

4

- Create
 - **Mini Chicken Corn Dogs**
 - Seasoned Peas
- 2Mato
 - **Hamburger Pizza**
 - **Classic Cheese Pizza**
 - Spring Mix Salad
 - Homemade Italian Dressing
- Sono
 - **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
 - **Classic Chicken Sandwich**
 - **Spicy Chicken Sandwich**
 - French Fries
- On the Go
 - **Hummus & Veggie Bento Box**
 - **Banana Chocolate Smoothie**
 - Honey Graham Crackers
 - Whole Grain Cheez-It Crackers
- Fruit & Vegetable Bar
 - Fresh Red Delicious Apple
 - Cinnamon Diced Peaches
 - Spinach & Romaine Salad
 - Fresh Green Peppers Strips
 - Sliced Cucumbers

WEDNESDAY

5

- Create
 - **Italian Meat Spaghetti Sauce**
 - **Spaghetti**
 - Garlic Herb Flatbread
 - Seasoned Cauliflower
- 2Mato
 - **Classic Cheese Pizza**
 - **Classic Pepperoni Pizza**
 - Fresh Caesar Salad
- Sono
 - **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
 - **Classic Cheeseburger in Bun**
 - **Jumbo Crispy Chicken Tenders**
 - **Hawaiian Roll**
 - French Fries
- On the Go
 - **Turkey Ham & Cheese Wrap**
 - **Cheddar/Mozzarella Salad**
 - Croutons
- Fruit & Vegetable Bar
 - Fresh Orange Wedges
 - Roasted Cinnamon Pineapple
 - Lettuce & Tomato Side Salad
 - Baharat Spiced Chickpeas
 - Corn & Pepper Salad

THURSDAY

6

- Create
 - **Boneless Chicken Wings**
 - **Boneless Chicken Wings with Buffalo Ranch Sauce**
 - **Boneless Chicken Wings with Honey BBQ Sauce**
 - Hawaiian Roll
 - French Fries
- 2Mato
 - **Hamburger Pizza**
 - **Classic Cheese Pizza**
 - Spring Mix Salad
 - Homemade Italian Dressing
- Sono
 - **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
 - **Classic Chicken Sandwich**
 - **Spicy Chicken Sandwich**
 - French Fries
- On the Go
 - **Strawberry Parfait with Granola**
 - **Turkey Ham & Cheese Wrap**
- Fruit & Vegetable Bar
 - Fresh Banana
 - Cinnamon Diced Peaches
 - Spinach & Romaine Salad
 - Fresh Carrots
 - Sliced Cucumbers

FRIDAY

7

- Create
 - **Teriyaki Glazed Chicken**
 - Brown Fried Rice
 - Roasted Broccoli
- 2Mato
 - **Classic Cheese Pizza**
 - **Classic Pepperoni Pizza**
 - Fresh Caesar Salad
- Sono
 - **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
 - **Classic Cheeseburger in Bun**
 - **Classic Chicken Sandwich**
 - French Fries
- On the Go
 - **Turkey Chef Salad**
 - **Whole Grain Seasoned Croutons**
 - **Hummus & Veggie Bento Box**
- Fruit & Vegetable Bar
 - Fresh Red Delicious Apple
 - Blue Raspberry Lemon Frozen SideKicks
 - Lettuce & Tomato Side Salad
 - Fresh Broccoli Florets
 - Corn & Pepper Salad

10

- Create
- **Jumbo Crispy Chicken Tenders**
 - Tater Tots
 - Whole Grain Waffle
 - Peach Compote
- 2Mato
- **Classic Cheese Pizza**
 - **Classic Pepperoni Pizza**
 - Fresh Caesar Salad
- Sono
- **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
- **Classic Cheeseburger in Bun**
 - **Jumbo Crispy Chicken Tenders**
 - **Hawaiian Roll**
 - French Fries
- On the Go
- **Santa Fe Turkey and Cheddar Wrap**
 - **Mediterranean Salad**
 - Croutons
- Fruit & Vegetable Bar
- Fresh Red Delicious Apple
 - Tropical Fruit Cocktail
 - Lettuce & Tomato Side Salad
 - Fresh Broccoli Florets
 - Corn & Black Bean Salad

11

- Create
- **Chicken & Cheese Quesadilla**
 - Sautéed Bell Peppers and Onions
 - Seasoned Black Beans
 - Salsa
- 2Mato
- **Hamburger Pizza**
 - **Classic Cheese Pizza**
 - Spring Mix Salad
 - Homemade Italian Dressing
- Sono
- **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
- **Classic Chicken Sandwich**
 - **Spicy Chicken Sandwich**
 - French Fries
- On the Go
- **Berry Parfait**
 - **Buffalo Chicken Wrap**
- Fruit & Vegetable Bar
- Fresh Orange Wedges
 - Applesauce
 - Spinach & Romaine Salad
 - Corn Salad with Ranch
 - Carrot & Celery Sticks

12

- Create
- **BBQ Brisket**
 - Macaroni and Cheese
 - Hawaiian Roll
 - BBQ Baked Beans
- 2Mato
- **Classic Cheese Pizza**
 - **Classic Pepperoni Pizza**
 - Fresh Caesar Salad
- Sono
- **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
- **Classic Cheeseburger in Bun**
 - **Jumbo Crispy Chicken Tenders**
 - **Hawaiian Roll**
 - French Fries
- On the Go
- **Santa Fe Turkey and Cheddar Wrap**
 - **Strawberry Banana Smoothie**
 - Honey Graham Crackers
 - Whole Grain Cheez-It Crackers
- Fruit & Vegetable Bar
- Fresh Pear
 - Tropical Fruit Cocktail
 - Lettuce & Tomato Side Salad
 - Corn & Black Bean Salad
 - Buttermilk Coleslaw

13

- Create
- **Italian Meatball Sub**
 - Roasted Broccoli
- 2Mato
- **Hamburger Pizza**
 - **Classic Cheese Pizza**
 - Spring Mix Salad
 - Homemade Italian Dressing
- Sono
- **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
- **Italian Chicken Parm Sandwich**
 - **Spicy Chicken Sandwich**
 - French Fries
- On the Go
- **Berry Parfait**
 - **Turkey Chef Salad**
 - **Whole Grain Seasoned Croutons**
- Fruit & Vegetable Bar
- Fresh Orange Wedges
 - Strawberry & Cream Be Mine! Frozen SideKicks Celebrations
 - Spinach & Romaine Salad
 - Fresh Cherry Tomatoes
 - Carrot & Celery Sticks

14**17**

- Create
- **BBQ Beef Sandwich**
 - Baked Beans
- 2Mato
- **Hamburger Pizza**
 - **Classic Cheese Pizza**
 - Spring Mix Salad
 - Homemade Italian Dressing
- Sono
- **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
- **Classic Chicken Sandwich**
 - **Spicy Chicken Sandwich**
 - French Fries
- On the Go
- **Monterey Chicken Salad**
 - Croutons
 - **Strawberry Mango Smoothie**
 - Honey Graham Crackers
 - Whole Grain Cheez-It Crackers
- Fruit & Vegetable Bar
- Chilled Peaches
 - Fresh Red and Green Seedless Grapes
 - Lettuce & Tomato Side Salad
 - Sliced Zucchini
 - Corn & Black Bean Salad

18

- Create
- **BBQ Beef Sandwich**
 - Baked Beans
- 2Mato
- **Hamburger Pizza**
 - **Classic Cheese Pizza**
 - Spring Mix Salad
 - Homemade Italian Dressing
- Sono
- **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
- **Classic Chicken Sandwich**
 - **Spicy Chicken Sandwich**
 - French Fries
- On the Go
- **Monterey Chicken Salad**
 - Croutons
 - **Strawberry Mango Smoothie**
 - Honey Graham Crackers
 - Whole Grain Cheez-It Crackers
- Fruit & Vegetable Bar
- Chilled Peaches
 - Fresh Red and Green Seedless Grapes
 - Lettuce & Tomato Side Salad
 - Sliced Zucchini
 - Corn & Black Bean Salad

19

- Create
- **Italian Meat Spaghetti Sauce**
 - **Spaghetti**
 - Garlic Herb Flatbread
 - Italian Vegetables
- 2Mato
- **Classic Cheese Pizza**
 - **Classic Pepperoni Pizza**
 - Fresh Caesar Salad
- Sono
- **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
- **Classic Cheeseburger in Bun**
 - **Mozzarella and Tomato Panini**
 - French Fries
- On the Go
- **Turkey BLT Wrap**
 - **Hummus & Veggie Bento Box**
- Fruit & Vegetable Bar
- Fresh Banana
 - Fresh Granny Smith Apple
 - Spinach and Strawberry Salad
 - Fresh Cauliflower Florets
 - Corn & Pepper Salad

20

- Create
- **General Tso's Chicken**
 - Brown Fried Rice
 - Seasoned Asian Style Blend Vegetables
- 2Mato
- **Hamburger Pizza**
 - **Classic Cheese Pizza**
 - Spring Mix Salad
 - Homemade Italian Dressing
- Sono
- **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
- **Classic Chicken Sandwich**
 - **Spicy Chicken Sandwich**
 - French Fries
- On the Go
- **Monterey Chicken Salad**
 - Croutons
 - **Pineapple Parfait with Granola**
- Fruit & Vegetable Bar
- Chilled Peaches
 - Fresh Red and Green Seedless Grapes
 - Lettuce & Tomato Side Salad
 - Sliced Zucchini
 - Corn & Black Bean Salad

21

- Create
- **Homestyle Meatloaf**
 - Hawaiian Roll
 - Peach Crisp
 - Mashed Potatoes
 - Beef Gravy
- 2Mato
- **Classic Cheese Pizza**
 - **Classic Pepperoni Pizza**
 - Fresh Caesar Salad
- Sono
- **Fajita Marinated Chicken**
 - **Beef Taco Meat**
 - Tortilla Chips
 - Soft Flour Tortilla
 - Seasoned Refried Beans
 - Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce
- Grill
- **Classic Cheeseburger in Bun**
 - **Classic Chicken Sandwich**
 - French Fries
- On the Go
- **Italian Chicken & Cheese Wrap**
 - **Cheddar/Mozzarella Salad**
 - Croutons
- Fruit & Vegetable Bar
- Fresh Granny Smith Apple
 - Orange Pineapple & Cherry Swirl
 - Spinach and Cranberry Salad
 - Lettuce & Tomato Side Salad
 - Corn & Pepper Salad

24

- Create
- **Beef Patty**
- **Beef Gravy**
- Fresh Baked Whole Grain Biscuit
- Glazed Carrots
- 2Mato
- **Hamburger Pizza**
- **Classic Cheese Pizza**
- Spring Mix Salad
- Homemade Italian Dressing
- Sono
- **Fajita Marinated Chicken**
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Grill
- **Classic Chicken Sandwich**
- **Spicy Chicken Sandwich**
- French Fries
- On the Go
- **Chicken Salsa Wrap**
- **Southwest Black Bean & Brown Rice**
- Fruit & Vegetable Bar
- Fresh Red Delicious Apple
- Kiwi Wedges
- Spinach and Strawberry Salad
- Fresh Broccoli Florets
- Fresh Carrots

25

- Create
- **Boneless Chicken Wings with Honey BBQ Sauce**
- **Boneless Chicken Wings**
- Hawaiian Roll
- Seasoned Broccoli
- 2Mato
- **Classic Cheese Pizza**
- **Classic Pepperoni Pizza**
- Fresh Caesar Salad
- Sono
- **Fajita Marinated Chicken**
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Grill
- **Classic Cheeseburger in Bun**
- **Jumbo Crispy Chicken Tenders**
- **Classic Chicken Sandwich**
- French Fries
- On the Go
- **Southwest Chicken Salad with Cheese**
- **Croutons**
- **Roasted Italian Vegetable Wrap**
- Fruit & Vegetable Bar
- Fresh Orange Wedges
- Cinnamon Diced Peaches
- Lettuce & Tomato Side Salad
- Sliced Zucchini
- Corn & Pepper Salad

26

- Create
- **Chicken Alfredo Rotini**
- Garlic Herb Flatbread
- Seasoned Peas
- 2Mato
- **Classic Cheese Pizza**
- **Classic Pepperoni Pizza**
- Fresh Caesar Salad
- Sono
- **Fajita Marinated Chicken**
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Grill
- **Classic Cheeseburger in Bun**
- **Jumbo Crispy Chicken Tenders**
- **Hawaiian Roll**
- French Fries
- On the Go
- **Chicken Salsa Wrap**
- **Berry Parfait**
- Fruit & Vegetable Bar
- Fresh Banana
- Pineapple Tidbits
- Spinach and Strawberry Salad
- Fresh Cauliflower Florets
- Marinated Cool Cucumbers

27

- Create
- **Sweet & Sour Chicken**
- Brown Fried Rice
- Glazed Carrots
- 2Mato
- **Hamburger Pizza**
- **Classic Cheese Pizza**
- Spring Mix Salad
- Homemade Italian Dressing
- Sono
- **Fajita Marinated Chicken**
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Grill
- **Classic Chicken Sandwich**
- **Spicy Chicken Sandwich**
- French Fries
- On the Go
- **Mango Lassi Smoothie**
- Honey Graham Crackers
- Whole Grain Cheez-It Crackers
- **Buffalo Chicken Wrap**
- Fruit & Vegetable Bar
- Fresh Red Delicious Apple
- Cinnamon Diced Peaches
- Lettuce & Tomato Side Salad
- Fresh Green Peppers Strips
- Fresh Carrots

28

- Create
- **Cheesy Chicken & Rice Casserole**
- Homemade Cornbread
- Roasted Summer Squash
- 2Mato
- **Classic Cheese Pizza**
- **Classic Pepperoni Pizza**
- Fresh Caesar Salad
- Sono
- **Fajita Marinated Chicken**
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Grill
- **Classic Cheeseburger in Bun**
- **Jumbo Crispy Chicken Tenders**
- **Hawaiian Roll**
- French Fries
- On the Go
- **Chicken Salsa Wrap**
- **Cheddar/Mozzarella Salad**
- Croutons
- Fruit & Vegetable Bar
- Fresh Orange Wedges
- Blue Raspberry Lemon Frozen SideKicks
- Fresh Broccoli Florets
- Corn & Pepper Salad
- Spicy Roasted Garbanzo Beans

 

If you have a food allergy, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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