

February 2025

Central VPA High School (9-12)

Lunch

MONDAY TUESDAY WEDNESDAY THURSDAY **FRIDAY** 4 3 5 6 7 Create Mini Chicken Corn Dogs Italian Meat Spaghetti **BBQ Chicken TOTchos Boneless Chicken Wings** Teriyaki Glazed Chicken Macaroni and Cheese Seasoned Peas Sauce **Boneless Chicken Wings** Brown Fried Rice Hawaiian Roll 2Mato Spaghetti with Buffalo Ranch Sauce Roasted Broccoli 2Mato Garlic Herb Flatbread **Boneless Chicken Wings** 2Mato Hamburger Pizza Classic Cheese Pizza Classic Cheese Pizza Seasoned Cauliflower with Honey BBQ Sauce Classic Cheese Pizza Classic Pepperoni Pizza Spring Mix Salad Hawaiian Roll Classic Pepperoni Pizza Fresh Caesar Salad Homemade Italian Dressing Classic Cheese Pizza French Fries Fresh Caesar Salad Sono Classic Pepperoni Pizza 2Mato Sono Fajita Marinated Chicken Hamburger Pizza Classic Cheese Pizza Fajita Marinated Chicken Fresh Caesar Salad Fajita Marinated Chicken **Beef Taco Meat Beef Taco Meat Beef Taco Meat Fajita Marinated Chicken** Tortilla Chips Spring Mix Salad Tortilla Chips Tortilla Chips Soft Flour Tortilla Soft Flour Tortilla **Beef Taco Meat** Homemade Italian Dressing Soft Flour Tortilla Seasoned Refried Beans Seasoned Refried Beans Tortilla Chips Seasoned Refried Beans Soft Flour Tortilla Queso Blanco Cheese Sauce • Queso Blanco Cheese Sauce • Fajita Marinated Chicken Queso Blanco Cheese Sauce Creamy Cheddar Cheese Creamy Cheddar Cheese Seasoned Refried Beans **Beef Taco Meat** Creamy Cheddar Cheese Sauce Queso Blanco Cheese Sauce • Tortilla Chips Sauce Sauce Grill Creamy Cheddar Cheese Soft Flour Tortilla Classic Chicken Sandwich Seasoned Refried Beans Classic Cheeseburger in Classic Cheeseburger in Sauce Spicy Chicken Sandwich Queso Blanco Cheese Sauce Bun Jumbo Crispy Chicken French Fries Classic Cheeseburger in Creamy Cheddar Cheese Classic Chicken Sandwich French Fries On the Go Sauce Tenders **Hawaiian Roll Hummus & Veggie Bento** Jumbo Crispy Chicken Grill On the Go Box Classic Chicken Sandwich French Fries Tenders **Turkey Chef Salad Banana Chocolate** Hawaiian Roll Spicy Chicken Sandwich Whole Grain Seasoned On the Go Strawberry Parfait with **Smoothie** French Fries French Fries Croutons **Hummus & Veggie Bento** Honey Graham Crackers On the Go Granola On the Go **Turkey Chef Salad** Whole Grain Cheez-It Turkey Ham & Cheese Wrap . Strawberry Parfait with Fruit & Vegetable Bar Whole Grain Seasoned Cheddar/Mozzarella Salad Crackers Granola Turkey Ham & Cheese Wrap . Croutons Fruit & Vegetable Bar Croutons Fresh Red Delicious Apple Fresh Řed Delicious Apple Fruit & Vegetable Bar Fruit & Vegetable Bar Fruit & Vegetable Bar Blue Raspberry Lemon Fresh Orange Wedges Cinnamon Diced Peaches Fresh Orange Wedges Fresh Banana Frozen SideKicks Roasted Cinnamon Pineapple • Spinach & Romaine Salad Roasted Cinnamon Pineapple • Cinnamon Diced Peaches Lettuce & Tomato Side Salad Lettuce & Tomato Side Salad • Fresh Green Peppers Strips Lettuce & Tomato Side Salad • Spinach & Romaine Salad Fresh Broccoli Florets Baby Carrots & Celery Sticks • Sliced Cucumbers Baharat Spiced Chickpeas Fresh Carrots Corn & Pepper Salad Fresh Broccoli Florets Corn & Pepper Salad Sliced Cucumbers

Create

- Jumbo Crispy Chicken **Tenders**
- Tater Tots
- Whole Grain Waffle
- Peach Compote 2Mato
- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Fresh Caesar Salad Sono
- Fajita Marinated Chicken
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce Creamy Cheddar Cheese
- Sauce Grill

- Classic Cheeseburger in Bun
- **Jumbo Crispy Chicken** Tenders
- Hawaiian Roll
- French Fries
- On the Go
- Santa Fe Turkey and Cheddar Wrap
- Mediterranean Salad
- Croutons

17

Fruit & Vegetable Bar

- Fresh Red Delicious Apple
- Tropical Fruit Cocktail Lettuce & Tomato Side Salad
- Fresh Broccoli Florets Corn & Black Bean Salad

11 Create

- Chicken & Cheese Quesadilla
- Sauteed Bell Peppers and Onions
- Seasoned Black Beans
- Salsa

2Mato

- Hamburger Pizza
- Classic Cheese Pizza
- Spring Mix Salad
- Homemade Italian Dressing Sono
- Fajita Marinated Chicken
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce Grill
- Creamy Cheddar Cheese Sauce

- Classic Chicken Sandwich
- Spicy Chicken Sandwich
- French Fries

On the Go

- **Berry Parfait**
- Buffalo Chicken Wrap

Fruit & Vegetable Bar

- Fresh Orange Wedges
- Applesauce
- Spinach & Romaine Salad
- Corn Salad with Ranch
- Carrot & Celery Sticks

12 Create

- **BBQ Brisket**
- Macaroni and Cheese
- Hawaiian Roll
- **BBQ Baked Beans**

2Mato

- Classic Cheese Pizza Classic Pepperoni Pizza
- Fresh Caesar Salad

- Fajita Marinated Chicken **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce •
- Creamy Cheddar Cheese Sauce
- Classic Cheeseburger in Bun
- Jumbo Crispy Chicken Tenders
- Hawaiian Roll
- French Fries

On the Go

- Santa Fe Turkey and Cheddar Wrap
- Strawberry Banana **Smoothie**
- Honey Graham Crackers
- Whole Grain Cheez-It Crackers

Fruit & Vegetable Bar

- Fresh Pear
- Tropical Fruit Cocktail
- Lettuce & Tomato Side Salad
- Corn & Black Bean Salad
- **Buttermilk Coleslaw**

Create

- Italian Meatball Sub
- Roasted Broccoli

2Mato

- Hamburger Pizza
- Classic Cheese Pizza
- Spring Mix Salad
- Homemade Italian Dressing Sono
- Faiita Marinated Chicken
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce

Grill

- **Italian Chicken Parm** Sandwich
- **Spicy Chicken Sandwich**
- French Fries
- On the Go
- **Berry Parfait**
- Turkey Chef Salad
- Whole Grain Seasoned Croutons

Fruit & Vegetable Bar

- Fresh Orange Wedges
- Strawberry & Cream Be Mine! Frozen SideKicks Celebrations
- Spinach & Romaine Salad
- Fresh Cherry Tomatoes
- Carrot & Celery Sticks

18

- Create
- **BBQ Beef Sandwich Baked Beans**

- 2Mato
- Hamburger Pizza Classic Cheese Pizza
- Spring Mix Salad Homemade Italian Dressing Sono
- Fajita Marinated Chicken
- **Beef Taco Meat**
- Tortilla Chips Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
 - Creamy Cheddar Cheese Sauce

- Grill
- Classic Chicken Sandwich Spicy Chicken Sandwich
- French Fries
- On the Go Monterey Chicken Salad
- Croutons Strawberry Mango Smoothie
- Honey Graham Crackers Whole Grain Cheez-It
- Crackers Fruit & Vegetable Bar
 Chilled Peaches
- Fresh Red and Green Seedless Grapes
- Lettuce & Tomato Side Salad
- Sliced Zucchini
- Corn & Black Bean Salad

19

- Create Italian Meat Spaghetti
- Sauce
- Spaghetti
- Garlic Herb Flatbread Italian Vegetables

- Classic Cheese Pizza
- Classic Pepperoni Pizza Fresh Caesar Salad
- Sono
- Fajita Marinated Chicken
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans Queso Blanco Cheese Sauce •

Creamy Cheddar Cheese Sauce

- Classic Cheeseburger in
- Mozzarella and Tomato Panini
- French Fries

Bun

- On the Go Turkey BLT Wrap
- **Hummus & Veggie Bento**
- Fruit & Vegetable Bar Fresh Banana
- Fresh Granny Smith Apple Spinach and Strawberry Salad
- Fresh Cauliflower Florets
- Corn & Pepper Salad

20

- Create
- **General Tso's Chicken**
- Brown Fried Rice Seasoned Asian Style Blend

- Vegetables 2Mato
- Hamburger Pizza
- Classic Cheese Pizza
- Spring Mix Salad Homemade Italian Dressing
- Sono
- Fajita Marinated Chicken
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans Queso Blanco Cheese Sauce • Creamy Cheddar Cheese

Sauce

Classic Chicken Sandwich

Monterey Chicken Salad

Spicy Chicken Sandwich French Fries

On the Go

- Croutons Pineapple Parfait with
- Granola Fruit & Vegetable Bar Chilled Peaches
- Seedless Grapes
- Sliced Zucchini Corn & Black Bean Salad

Fresh Red and Green

Lettuce & Tomato Side Salad

21

- Create
- **Homestyle Meatloaf** Hawaiian Roll
- Peach Crisp
- Mashed Potatoes
- Beef Gravy 2Mato
- Classic Cheese Pizza Classic Pepperoni Pizza
- Fresh Caesar Salad
- Sono
- Fajita Marinated Chicken **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla Seasoned Refried Beans Queso Blanco Cheese Sauce

Creamy Cheddar Cheese Sauce

- Classic Cheeseburger in
- Classic Chicken Sandwich

Italian Chicken & Cheese

- French Fries On the Go
- Wrap Cheddar/Mozzarella Salad

Swirl

- Croutons
- Fruit & Vegetable Bar Fresh Granny Smith Apple Orange Pineapple & Cherry
- Spinach and Cranberry Salad
- Lettuce & Tomato Side Salad
- Corn & Pepper Salad

24 25 26 **27** 28 Create Create Create Create Create **Beef Patty Boneless Chicken Wings** Chicken Alfredo Rotini Sweet & Sour Chicken Cheesy Chicken & Rice **Beef Gravy** with Honey BBQ Sauce Garlic Herb Flatbread Brown Fried Rice Casserole Fresh Baked Whole Grain **Boneless Chicken Wings** Seasoned Peas **Glazed Carrots** Homemade Cornbread 2Mato **Biscuit** Hawaiian Roll 2Mato Roasted Summer Squash **Glazed Carrots** Seasoned Broccoli Classic Cheese Pizza Hamburger Pizza 2Mato 2Mato 2Mato Classic Pepperoni Pizza Classic Cheese Pizza Classic Cheese Pizza Classic Cheese Pizza Classic Pepperoni Pizza Hamburger Pizza Fresh Caesar Salad Spring Mix Salad Classic Cheese Pizza Classic Pepperoni Pizza Sono Homemade Italian Dressing Fresh Caesar Salad Sono Spring Mix Salad Fresh Caesar Salad Faiita Marinated Chicken Sono Homemade Italian Dressing Sono **Beef Taco Meat** Fajita Marinated Chicken Fajita Marinated Chicken Sono Fajita Marinated Chicken Tortilla Chips **Beef Taco Meat Beef Taco Meat** Fajita Marinated Chicken Tortilla Chips **Beef Taco Meat** Soft Flour Tortilla Tortilla Chips **Beef Taco Meat** Tortilla Chips Seasoned Refried Beans Soft Flour Tortilla Soft Flour Tortilla Tortilla Chips Soft Flour Tortilla Queso Blanco Cheese Sauce • Seasoned Refried Beans Seasoned Refried Beans Soft Flour Tortilla Seasoned Refried Beans Queso Blanco Cheese Sauce • Queso Blanco Cheese Sauce Creamy Cheddar Cheese Seasoned Refried Beans Queso Blanco Cheese Sauce Sauce Creamy Cheddar Cheese Creamy Cheddar Cheese Grill Sauce Queso Blanco Cheese Sauce • Creamy Cheddar Cheese Sauce Creamy Cheddar Cheese Sauce Classic Cheeseburger in Grill Grill Grill Classic Chicken Sandwich Classic Cheeseburger in Sauce Bun Grill Classic Cheeseburger in Jumbo Crispy Chicken Spicy Chicken Sandwich French Fries Classic Chicken Sandwich Bun Tenders Jumbo Crispy Chicken Spicy Chicken Sandwich Classic Chicken Sandwich • Hawaiian Roll On the Go Tenders French Fries French Fries French Fries Mango Lassi Smoothie **Hawaiian Roll** On the Go French Fries On the Go On the Go Honey Graham Crackers Chicken Salsa Wrap Southwest Chicken Salad Chicken Salsa Wrap Whole Grain Cheez-It On the Go Southwest Black Bean & with Cheese **Berry Parfait** Crackers Chicken Salsa Wrap **Buffalo Chicken Wrap** Brown Rice Croutons Fruit & Vegetable Bar Cheddar/Mozzarella Salad Fruit & Vegetable Bar Roasted Italian Vegetable Fresh Banana Fruit & Vegetable Bar Croutons Fresh Řed Delicious Apple Wrap Fresh Red Delicious Apple Pineapple Tidbits Fruit & Vegetable Bar Kiwi Wedges Fruit & Vegetable Bar Spinach and Strawberry Cinnamon Diced Peaches Fresh Orange Wedges

🥰 2/3 Tater Tot Day 🦠 2/13 Italian Food Day

Spinach and Strawberry

Fresh Broccoli Florets

Fresh Carrots

Salad

If you have a food allergy, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Salad

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

Fresh Cauliflower Florets

Marinated Cool Cucumbers

Lettuce & Tomato Side Salad

Fresh Green Peppers Strips

Fresh Carrots

Blue Raspberry Lemon

Fresh Broccoli Florets

Corn & Pepper Salad

Spicy Roasted Garbanzo

Frozen SideKicks

Beans

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Fresh Orange Wedges

Sliced Zucchini Corn & Pepper Salad

Cinnamon Diced Peaches

Lettuce & Tomato Side Salad •